

INITIATION A LA LECTURE DES RYTHMES • Module 3 : double-croche, quart de soupir

Règlez votre métronome sur 60 (pas plus vite au début)

Lire chaque exercice à haute voix :

- une 1ère fois en utilisant les formules mnémotechniques

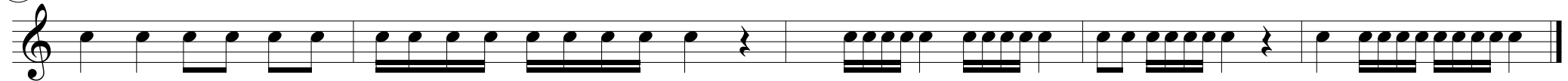
- une 2e fois en prononçant "Ta" et en comptant intérieurement les silences (faire des "vrais" silences !)

N.B. : les exercices peuvent se prolonger sur plusieurs lignes (portées). La fin d'un exercice est indiquée par une double barre de mesure.

Important : toujours anticiper du regard la ou les notes suivantes.

EXERCICES

① Noires, croches, et doubles-croches + soupirs



1) Noir' noir' 2 croch' 2 croch' qua-tre dou-bles qua-tre dou-bles noir' chut etc...

2) Ta ta ta ta ta ta ta ta ta etc.

②



croch' 2 doubl' noir'...

③

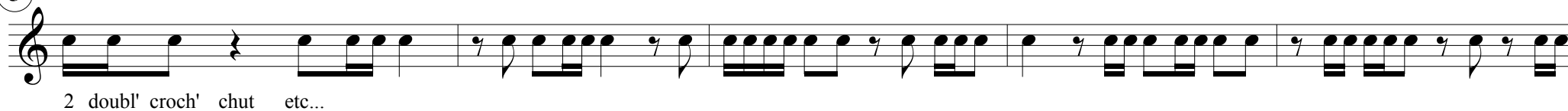


2 doubl' croch' noir'...

④



2 croch' croch' 2 doubl' etc...

5 Noires, croches, et double-croches + soupirs et demi-soupirs

2 doubl' croch' chut etc...

The exercise consists of two staves of music. The first staff contains six measures of music. The first measure has two eighth notes, followed by a quarter rest. The second measure has two eighth notes. The third measure has a quarter note followed by two eighth notes. The fourth measure has a quarter note followed by two eighth notes. The fifth measure has a quarter note followed by two eighth notes. The sixth measure has a quarter note followed by two eighth notes. The second staff contains three measures of music. The first measure has a quarter note followed by two eighth notes. The second measure has a quarter note followed by two eighth notes. The third measure has a quarter note followed by two eighth notes.

6 Noires, croches, et double-croches + soupirs, demi-soupirs et quarts de soupirs

Chut 3 dou-bles noir' etc...

The exercise consists of one staff of music with six measures. The first measure has a quarter note followed by two eighth notes. The second measure has a quarter note followed by two eighth notes. The third measure has a quarter note followed by two eighth notes. The fourth measure has a quarter note followed by two eighth notes. The fifth measure has a quarter note followed by two eighth notes. The sixth measure has a quarter note followed by two eighth notes.



The exercise consists of one staff of music with six measures. The first measure has a quarter note followed by two eighth notes. The second measure has a quarter note followed by two eighth notes. The third measure has a quarter note followed by two eighth notes. The fourth measure has a quarter note followed by two eighth notes. The fifth measure has a quarter note followed by two eighth notes. The sixth measure has a quarter note followed by two eighth notes.

Si vous voulez aller encore plus loin, vous pouvez refaire ces exercices en augmentant progressivement la vitesse.

Essayez d'atteindre 92 à la noire. Mais rien ne vous interdit d'aller encore plus vite...